

Your Health Matters...

Stillwater Billings Clinic

Our Services

24 Hour Emergency Care

Same Day Care

Acute Care

Skilled Care

Radiology

Mammography

Laboratory

Physical & Speech Therapy

Social Services

Nutritional Counseling

Public Health

Home Health

Endoscopy

Telemedicine

Visiting Specialists:

- Audiology
- Orthopedics
- Podiatry
- Urology
- Cardiology

Stillwater Billings Clinic
710 N. 11th Street
PO Box 959
Columbus, MT 59019

Phone: (406) 322-1000
Fax: (406) 322-5207

Embracing Technology and Streamlining the Process.

Stillwater Billings Clinic partners with Columbus Healthmart Pharmacy

Stillwater Billings Clinic is excited to be settled into our new facility. Now we want to take the chance to share with you what's going on behind these walls to bring the best quality of care to our patients.

One specific partnership heightens quality and accountable care for our patients while they are in the hospital. Stillwater Billings Clinic partners with Columbus Healthmart Pharmacy for medication order reviews. The pharmacists from Healthmart Pharmacy provide oversight and accountability for all prescription drugs that are administered to patients in the hospital or seen in the emergency department at Stillwater Billings Clinic. The pharmacists screen medications for potential drug interactions or duplications. Medication Dispensing Cabinets are a new technology being brought on board at Stillwater Billings Clinic. These cabinets provide a mechanism for dispensing medications and integrating that data into the medical record.

The enhanced sophistication of these processes utilize technology to increase our accountability and provide safe, consistent, quality care to our patients.

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5th Annual "Jewel of the Stillwater" Boots, Brims, and Ball gowns

It's time again to bring out the ball gowns, dust off the dance shoes and join us for an evening of elegance to benefit the Stillwater Community Healthcare Foundation, Inc.

Music by: **"Bucky Beaver Ground Grippers"**

Saturday, April 20 at 6 pm

Rick Young's Event Center

(4 miles South of Absarokee)

For more event details see page 4.

Billings Clinic:

New Member of the Mayo Clinic Care Network!

What does that mean for Stillwater Billings Clinic?

Billings Clinic is the first health system in Montana or Wyoming to pass the rigorous review process at Mayo Clinic to become a part of the Mayo Clinic Care Network. Nicholas Wolter, M.D., CEO at Billings Clinic states “This new relationship creates an even closer connection between Billings Clinic and Mayo Clinic, giving patients with very complex health issues more efficient access to some of the world’s most highly specialized clinical care at Mayo Clinic. This collaboration means that we can bring the expertise and knowledge of Mayo Clinic to Billings Clinic so that fewer patients have to travel out of our region for certain specialized care.”

Mayo Clinic Care Network members have two main electronic tools they can utilize to collaborate with Mayo Clinic: eConsults allow physicians to connect quickly with Mayo Clinic specialists to get input on a specific question and “AskMayoExpert” is an information resource from Mayo Clinic that covers disease management, care guidelines, treatment recommendations and reference materials.

Stillwater Billings Clinic will benefit from this membership as our Billings Clinic Physicians can partner with the specialists at Billings Clinic and Mayo Clinic to provide the best care possible to you and your loved ones.

We offer Same Day Care!

What exactly qualifies for a Same Day Care Visit?

We encourage all of our patients to schedule appointments with their provider. However, **we understand that your life is busy and your health isn’t always predictable.** We offer same day care appointments to ensure your access to quality healthcare right here at home when you need it most.

A same day care appointment ensures the opportunity to see a provider in the same day that you call. We cannot guarantee an immediate appointment or an appointment with your regular physician. We will, however, get you in to see a provider as soon as the schedule allows that day. We encourage you to schedule all routine exams, physicals, etc. while our same day care visits offer care for flu, coughs, colds, sprains, ear aches, sore throats, and other minor illnesses and injuries.

STILLWATER BILLINGS CLINIC BOARD OF DIRECTORS

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This Valentines Day, give the gift that keeps on giving...[a checkup on your own heart health.](#)

February is heart month and the staggering statistics encourage us to share some tips for your heart health.

Cardiovascular disease is the leading cause of death in the United States. One in every three deaths is from heart disease and stroke; equal to 2,200 deaths per day. Each of us can be a part of improving these statistics. You can protect yourself and your loved ones by making healthy choices, including increasing your daily activity, and eating a healthy diet high in fruits and vegetables and low in sodium and trans fat. You should also know your **ABC**'s.

Ask your doctor if you should take an aspirin every day. Find out if your **Blood Pressure** or **Cholesterol** levels are too high.

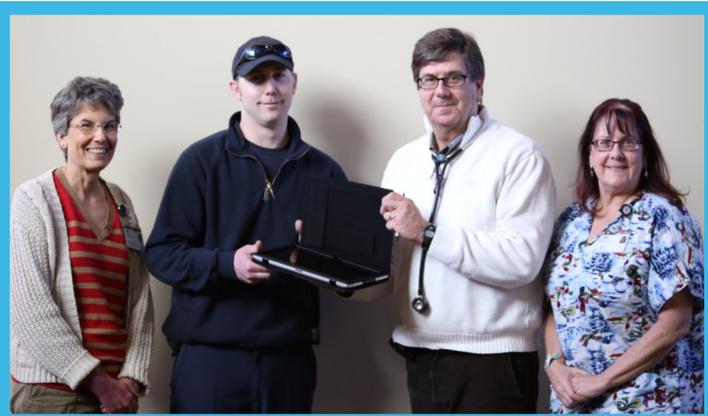
Stillwater Billings Clinic now hosts Dr. Sample, Cardiology Specialist from Billings Clinic once a month. Patients are referred to specialists by their primary care provider.

Stillwater Billings Clinic Cardiac Rehabilitation program is led by Jule' Bruursema, Cardiac Registered Nurse. Patients are referred by their physician for the program which entails using telemetry to monitor a patients heart while they exercise. Jule' provides education about the procedure, the heart, attaining and maintaining heart health, diet, medications, stress management, and exercising safely. Talk to your doctor if you think this program is a fit for you!

Happy Valentines Day, to you, from your Healthy Heart!



Linking Technology and Quality Care!



L to R: Bev Kovanda (Stillwater Billings Clinic Director of Nursing), Nick Jacobs (Columbus EMS Paramedic), Dr. David Kane (Columbus Ambulance Medical Director), and Pam Prideaux-Leak (Stillwater Billings Clinic Trauma Coordinator).
Not pictured: Lorraine Ackerman, FNP (Stillwater Billings Clinic Trauma Director).

Stillwater Billings Clinic utilized their Hospital Preparedness Grant funds to provide Columbus and Absarokee EMS Providers with Tablet PC's to enhance the delivery of patient information documented on scene and in route to the Emergency Department. The need for increased communication tools was identified through an assessment of community resources and essential support functions. All of the information regarding the patients care from the time the EMS Provider arrived at the scene until they reached the Emergency Department will be available to the nursing staff and providers.

While documentation is most often the least favorite part of any medical service providers work, it is one of the most important steps in quality care. Documentation in emergency situations provides critical information in the receiving facility and beyond as it shares the signs and symptoms, attempted interventions, patient responses, and may also prevent a drug interaction if the EMS providers administered any medications to the patient.

Proper and accurate documentation shared amongst providers at all levels of the patient's care plays a vital role in the optimal outcome for the patient. Stillwater Billings Clinic is dedicated to maintain the continuity of quality healthcare delivery to the community. Stillwater Billings Clinic is proud to partner with our local EMS providers and commends their dedication and commitment to the residents, families, and guests of Stillwater County.

SAVE THE DATE...

Stillwater Community Healthcare Foundation, Inc.
presents the 5th Annual Jewel of the Stillwater

“Boots, Brims, and Ball gowns”

Saturday, April 20 at 6 pm.

Young's Event Center: 2878 Highway 78 Absarokee

Tickets are \$60 each

The Jewel Raffle: Tanzanite in a contemporary swirl pendant with diamond accents generously donated by Montana Gem.

Only 500 tickets will be sold.

Raffle Tickets are \$10 or 6 for \$50.



To purchase event or raffle tickets, call Melissa at 322-1008.

Thank You to our 2013 “Jewel of the Stillwater” Corporate Sponsors



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Monthly Statement Confusion!

Dissecting the confusion in the billing process.

You open the mailbox to find all those dreaded bills and to top it off, there is not just one doctor bill but two bills. But if you look closely these two medical bills, arriving within a week of one another, are actually from two different locations for very different services. We want to help eliminate frustration and confusion regarding your medical bills from **Stillwater Billings Clinic** and **Billings Clinic**. You might ask, “aren’t you all the same entity?”

Stillwater Billings Clinic is an affiliate hospital and clinic of Billings Clinic. The affiliate relationship provides management, information systems, ancillary support services, and physician services from Billings Clinic to Stillwater Billings Clinic. The business entities, however, are separate.

1. Where is that bill coming from? In the **top left hand corner** you will find either



OR



These logos represent two individual billing departments. If your services were rendered at the Stillwater Billings Clinic facility (Clinic, Hospital and 24 –Hour Emergency room) in Columbus, you must direct your payment to **Stillwater Billings Clinic**.

If your services were rendered at Billings Clinic, in Billings, you must pay **Billings Clinic**. The accounts at these entities are separate and cannot be combined when paying your bills. If you have questions regarding your Billings Clinic account or bill please call Billings Clinic Financial Services at 238-2250.

- Each visit at Stillwater Billings Clinic maintains its own visit number. These numbers will appear on your statement. For questions regarding your Stillwater Billings Clinic visit or account please call 322-1000.
- This change was in affect September 10, 2012. If the top of your statement looks like this one... please direct your payment to **Stillwater Billings Clinic in Columbus**.



MARCH is National Colorectal Cancer Month

Did you know that of all the cancers that affect men AND women colorectal cancer, or cancer of the colon or rectum, is the **SECOND** leading cause of cancer death in the United States? Every year more than 140,000 Americans are diagnosed with colorectal cancer and more than 50,000 people die from it.

Colorectal cancer screening can save your life and is recommended for everyone who is over 50 years old or older. These screening tests can find precancerous polyps and remove them before they turn into cancer. They may include a fecal occult blood test, sigmoidoscopy, or colonoscopy. Your doctor will help you decide which is right for you.

While all of this talk about the “unspeakables” is uncomfortable, Stillwater Billings Clinic strives to make the process easy and accessible for you. Dr. David Kane has performed well over 500 colonoscopies and performs the procedures weekly right here at Stillwater Billings Clinic in Columbus. Providing the procedure in our local medical facility saves patients travel and time. Dr. Kane says, “some patients say they would not have the test done if they had to travel for it. I hope that by providing access to this procedure right here in our facility, we have saved some of our patients from developing colon cancer.”

Avoid the Statistics! Stop in and schedule your appointment to visit with Dr. Kane or any of the providers about your need for colorectal cancer screening today!

Stillwater Community Healthcare Foundation, Inc.

Your gift ensures the continuity and sustainability of local healthcare services.

Enclosed is my gift to enrich healthcare in Stillwater County.

\$1000 \$500 \$300 \$100 \$75 \$50 \$25 other

My gift is designated for the following purpose: _____

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Gifts to the Stillwater Community Healthcare Foundation are tax deductible and can be mailed to:
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